

Substance Use & Addictions – Community Resources

Manitoba Addictions Helpline: For information on all addictions services in Manitoba:
1-855-662-6605

<http://mbaddictionhelp.ca>

Drop in at River Point Centre: 146 Magnus Ave Winnipeg, Mb

If you need help with a patient:

Rapid Access to Consultative Expertise (RACE): 204-940-2573

<http://www.wrha.mb.ca/staff/familyphysicians/files/Race.pdf>

Opiate Assessment Clinic – HSC: 204-787-2482

<https://cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Assessment%20Clinic.pdf>

eConsult Manitoba – For more information or to join eConsult Manitoba, contact Rana McDonald (Research Coordinator) mbeconsult@umanitoba.ca

eConsult Fact Sheet [http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/PCP Fact Sheet Final Aug 2 2018.pdf](http://www.cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/PCP%20Fact%20Sheet%20Final%20Aug%202%202018.pdf)

Rapid Access to Addictions Medicine (RAAM) – 5 clinic sites in Manitoba:

Patients can self refer to a RAAM clinic. RAAM clinics are walk-in clinics for adults (ages 18+) looking to get help with high-risk substance use and addiction.

Call 1-855-662-6605 for more information or visit:

<https://afm.mb.ca/programs-and-services/raam/>

Addictions Treatment Services:

If a patient is interested in outpatient programs (including harm reduction or abstinence-based recovery and/or residential treatment) they may connect with these services – no medical referral is necessary.

Addictions Foundation of Manitoba (AFM): <http://afm.mb.ca//contact/>

Toll free: 1-866-638-2561

Winnipeg Men's Services: 204-944-6209

Winnipeg Women's Services: 204-944-6229

For a listing and contact information for all AFM offices outside of Winnipeg:

<http://afm.mb.ca/contact/afm-offices-outside-winnipeg/>

Behavioral Health Foundation: 204-269-3430 <http://www.bhf.ca>

Long term residential treatment

Salvation Army Anchorage Program: 204- 946-9401

<http://www.wpgboothcentre.ca/programs.html>

Residential treatment

Native Addictions Council of Manitoba – Pritchard House: 204-586-8395

<http://nacm.ca/DOCS/PH%20Brochure.pdf>

Outpatient and residential treatment

St. Raphael Wellness Centre: 204-956-6650 <https://srwc-mb.ca/category/programs/>
Pre and post treatment outpatient counselling and support

Rosaire House (The Pas, Mb): 204-623-6425
<https://www.rehab.ca/rosaire-house-addiction-centre/1102477-r>
Residential treatment

Opioid Prescribing: For information on opioid prescribing in Manitoba, see “Standards of Practice for Opioid Prescribing” at: <https://cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Standards%20of%20Practice/Standards%20of%20Practice%20of%20Medicine.pdf#page=88>

Resources for physicians: <https://cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/Information%20for%20Physicians.pdf>

Resources for patients: <https://cpsm.mb.ca/cjj39alckF30a/wp-content/uploads/Opioid%20Standard/Information%20for%20Patients.pdf>

Opioid Addiction Treatment Services: If a patient is interested in outpatient opioid agonist treatment (OAT) (including methadone and/or buprenorphine/naloxone) for opioid addiction, they can call for an appointment. Clinics offering OAT include:

Manitoba Opioid Support & Treatment (MOST)– Addictions Foundation of Manitoba
<https://afm.mb.ca/programs-and-services/most/>
Winnipeg 204-944-7070 Brandon 204-729-3838

Nine Circles Community Health Centre, Winnipeg (admission criteria apply for intake into primary care and OAT)
<https://ninecircles.ca/programs-services/clinic-services/become-client-nine-circles/>
General Line: 204-940-6000; Toll Free: 1-888-305-8647

Access River East, Winnipeg (admission criteria apply for intake into primary care and OAT)
<http://www.wrha.mb.ca/healthinfo/a-z/diabetes/directory-access-river-east.php>
Phone: (204) 938-5000

Klinik Community Health, Winnipeg (admission criteria apply for intake into primary care and OAT)
<http://klinik.mb.ca/health-care/team-based-medical-care/>
Phone: (204) 784-4090

Swan Valley Primary Care Outreach Clinic, Swan River, MB
<https://prairiemountainhealth.ca/swan-valley-primary-care-centre>
Phone: 204-734-6600

Opaskwayak Health Authority OAT Clinic, Beatrice Wilson Health Centre, Opaskwayak, MB
Phone: (204) 627 7410

OATS Clinic

<http://www.oatsprogram.com>

Phone: 204-589-3999

Phoenix Clinic

<https://phoenixrecovery.ca>

Winnipeg: 542 Selkirk Ave & 591 Broadway Ave.

Selkirk: 339A Main St, Selkirk, MB

Phone: 204-586-4357 OR 204-772-4357

Pain Clinics in Winnipeg: If you need advice or consultation on pain management for your patient:

HSC Pain Management Centre 204-787-3018

<http://www.hsc.mb.ca/patientsOCAAdultOther.html#Pain>

Pan Am Pain Clinic: 204-927-2609 OR 925-7485

<http://www.panamclinic.org/patients/appointments/pain-clinic>

Support Groups for substance use and addiction:

Central Phone Numbers &/or links for more information & locations in Manitoba:

Alcoholics Anonymous: 204-942-0126 In Winnipeg

Toll Free 1-877-942-0126 in Rural Manitoba <http://www.aamanitoba.org>

Narcotics Anonymous: 204-981-1730 <http://mascna.org/home.php>

Cocaine Anonymous: 204-250-2626 <https://camanitoba.org>

SOS: <http://mb.211.ca/agencies/winnipeg-sos/>

Crystal Meth Anonymous:

<https://humanrightshub.ca/organizations/name/crystal-meth-anonymous-manitoba/>

SMART Recovery: <https://www.smartrecoverytest.org/local/>

Refuge Recovery:

<https://refugerecovery.org/meetings/refuge-recovery-mb-canada-3>

Jibstop is a peer support service for people struggling with methamphetamine addiction in Manitoba.

Jibstop is available by Text, Phone call or Facebook 204-904-STOP